

October Practice Schedule

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|--|
| | 9) Practice 6-7am S.H. Conditioning 2:45-4:00PM | 10) Study Hall 2:45-3:15pm, Practice 3:30-5pm | 11) Practice 6-7am S.H. Conditioning 2:45-4:00PM | 12) Study Hall 2:45-3:15pm, Practice 3:30-5pm |
| 15) S.H. Conditioning 2:45-4:00PM | 16) Practice 6-7am Study Hall 2:45-3:15pm, Practice 3:30-5pm | 17) S.H. Conditioning 2:45-4:00PM | 18) Practice 6-7am Study Hall 2:45-3:15pm, Practice 3:30-5pm | 19) S.H. Conditioning 2:45-4:00PM |
| 22) Study Hall 2:45-3:15pm, Practice 3:30-5pm | 23) Practice 6-7am S.H. Conditioning 2:45-4:00PM | 24) Study Hall 2:45-3:15pm, Practice 3:30-5pm | 25) Practice 6-7am S.H. Conditioning 2:45-4:00PM | 26) Study Hall 2:45-3:15pm, Practice 3:30-5pm |
| 29) S.H. Conditioning 2:45-4:00PM | 30) Practice 6-7am Study Hall 2:45-3:15pm, Practice 3:30-5pm | 31) S.H. Conditioning 2:45-4:00PM | 1) Practice 6-7am Study Hall 2:45-3:15pm, Practice 3:30-5pm | 2) S.H. Conditioning 2:45-4:00PM |

If you are missing an after school practice, you are expected to make the practice up on Tues/Thursday morning.

Unexcused absence = not wrestling in the next event.

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